KIDS ACTIVITY PACK
AGES 8 - 11
ACTIVITY 1

KIT CREATOR

Let your imagination take flight and create your own home and away kit.

Let’s get creative!
Follow these simple instructions to make a paper rose.

In 1909, Manchester United's FA Cup final team proudly wore the red rose of Lancashire on their chests. Here's all you need to do to make your own beautiful paper rose.

What you will need:
- A square of red paper (or whatever colour you want your rose to be)
- A square of green paper
- A pencil
- Glue

**STEP 1**
Fold your red paper in half horizontally and then unfold it.

**STEP 2**
Fold the paper in half vertically. When you unfold it you should be left with a cross on your paper.

**STEP 3**
Fold the outer corners into the middle of the paper.

**STEP 4**
That was good, let's do it again. Fold what are now the outer corners into the middle.
**ACTIVITY 2**

**STEP 5**
We like to do things in threes at United, so let’s do those folds for a third and final time.

**STEP 6**
Curl back the outer petals of your rose. To get a nice curve to the petal, wrap it around your pencil.

**STEP 7**
Continue curling back the petals until there are no more petals to curl. Leave these slightly loose, no tight folds.

**STEP 8**
Grab your green paper and fold it diagonally, then unfold it.

**STEP 9**
Fold two of the sides into the middle, as though you were making a paper aeroplane.

*Amazing, you’ve got a rose.*
You might have noticed though that on the 1909 FA Cup final shirts, there’s a bit of greenery poking out from behind that rose, so let’s **make some leaves.**
**ACTIVITY 2**

**STEP 10**
Now take the shorter, unfolded sides and fold them in too, to make a kite shape.

**STEP 11**
Fold the whole thing in half horizontally.

**STEP 12**
Now you’re going to make the leaves themselves. Fold the paper up and out, squashing it. Do this on both sides.

**STEP 13**
Grab the flower, and pop some glue on the back.

**STEP 14**
Stick that to your leaves, and voila! You have a beautiful rose.

**WHAT NEXT?**
You can stick the rose to cards, or create a whole garden with roses of different colours, maybe use it to decorate your shirt mosaic?
Activity 3

Salt Dough Superstar

Follow our simple salt dough recipe and create a player wearing your all-time favourite Manchester United kit.

**Ingredients and Tools required:**

**Salt Dough Ingredients:**
- Plain Flour (250g)
- Table Salt (250g)
- Warm Water (130 – 150 ml)
- Cinnamon or black tea for deeper tones (measurements vary)

**Salt Dough Baking Tools:**
- Bowl, spoon/spatula, rolling pin, baking sheet, parchment paper

**Tools for cutting out shapes in the dough:**
- Biscuit cutters in desired shapes

OR

- Paper, pencil and scissors to create templates

**Decoration Tools**
- Acrylic paint
- Paint brushes
- Water

**Equipment Requirements:**
- Oven

**Time:** 5 hours (Don’t worry, do it in stages)
**Prep:** 30 mins
**Cooking/drying time:** 3 hours
**Decorating:** 1.5 hours
ACTIVITY 3

SALTDOUGH SUPERSTAR

TEMPLATES

Cut out these templates, or create your own.

We took inspiration from the shape of a gingerbread man biscuit cutter.

You could create a ball, a banner, or the corner flag - be creative!
To create Salt Dough objects

1. Preheat oven to its lowest setting.
2. In a large bowl, combine the flour and salt. Slowly add water and mix, until it naturally forms a dough ball. If the dough is too dry, feel free to add more water. If the dough is too wet or sticky, sprinkle in more flour. You can use a spoon or your hands to mix!
3. For darker dough, add cinnamon to the mixture or replace water with black tea. Feel free to experiment!
4. If the dough becomes too warm or gloopy, simply wrap in cling film and pop into the fridge for 20-30 minutes before rolling out.
5. Move the dough to a flat, floured work surface and flatten using a rolling pin. The thickness of the dough is up to you, but we recommend it be about the same as pie dough (around 5 mm). Just remember the thicker the dough is, the longer it will take to dry!
6. To cut out your shapes, use a biscuit cutter or place a paper template gently on the dough and trace the shape using a knife. Get an adult to help you! (TIP: cups can be used to cut out circles for footballs).
7. Place your items on a baking sheet lined with parchment paper and bake for 3 hours, or until solid.
8. One finished, leave shapes to dry before painting.

To paint the Salt Dough creations:

1. Go ahead and paint your creations to bring them to life!
2. We recommend using acrylic paint straight from the tube, that hasn’t been thinned with water for the best result.
3. Paint in layers, and start with the lightest colours.
4. Look at the collection objects for inspiration or design a new kit!

USEFUL TIPS

- Dough can be stored in an air tight container overnight at room temperature, and baked for up to 48 hours. Splash with water if the dough becomes too dry before rolling out.
- Poke holes in the top of salt dough objects before baking and later thread with ribbon/string so they can be hung up!
SCAVENGER HUNT

Go on a hunt around your house and garden and learn the stories behind some of our most iconic kits.

1. We are RED
Find as many red objects in your house as you can. You've got 60 seconds.
READY...STEADY...GO!
How many did you find?
List your objects here:

________________________________________
________________________________________
________________________________________
________________________________________
________________________________________
________________________________________

2. Yellow colour is part of our crest
Open your wardrobe and count all yellow items of clothing that you own?
How many do you have?
List them here:

________________________________________
________________________________________
________________________________________
________________________________________
________________________________________
________________________________________
3. Dark blue has been one of United’s favourite change stip colours.

Look inside your books and try to find as many characters wearing dark blue.

How many did you get?

Answer here: ____________________________

4. Pink for the first time

In the 2018/19 season we sported pink for the first time. Go through your toy chest and line up all the pink toys that you can find.

How many do you have?

Answer here: ____________________________

5. Red Lancashire rose

In the 2019/20 season, our third kit was inspired by the red Lancashire rose, which featured on our shirts in the 1909 FA Cup final.

How many different types of flowers can you spot in your house and garden?

Answer here: ____________________________
ACTIVITY 5

SPLIT PIN SUPERSTAR

Have fun creating your own moveable player!

Denis Law

What you will need:

- Split pins
- Scissors
- Card
- Printer to print off the templates
Activity 5

Split Pin
Superstar

Have fun creating your own moveable player!

Eric Cantona

What you will need:

- Split pins
- Scissors
- Card
- Printer to print off the templates
ACTIVITY 5

SPLIT PIN SUPERSTAR

Have fun creating your own moveable player!

Marcus Rashford

What you will need:
- Split pins
- Scissors
- Card
- Printer to print off the templates