



Foundation

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FOUNDATION

Throwing with accuracy

What you'll need

- Velcro soft balls
- Target
- Flat marker



How to set up the game

- Hang your target from a door or wall
- Adjust the height of the target to meet the needs of the players
- Place the flat marker two yards (or two big steps) away from the target
- You can have as many players as you like



Scan to watch the
video demonstration
of this activity!



How to play

- Players take it in turns to throw their Velcro soft balls at the target, aiming to get the highest score
- Players have three attempts each at throwing their Velcro soft balls at the target
- Players can use any throwing technique that they feel comfortable with
- After three throws players count up their scores
- The player with the highest number of points will be the winner
- You can compete against other family members or friends to see who scores the highest number of points after three throws